

March 11, 2020

## Dear OMS-III students in Pine Bluff:

Governor Hutchinson confirmed a case of COVID-19 in the Pine Bluff area. Please know that we are vigilantly monitoring the ever-changing situation and are here if need anything. We've attached information about coping with stress during infectious disease outbreaks and tips for health care responders. Additionally, contact information for ACHE's Wellness Center is below. If you or someone you know has been impacted, please let us know. As always, please continue to use universal precautions to protect yourself.

## **ACHE Wellness Center**

Carmelita Robertson, M.S., LPC Student Wellness Counselor Fort Smith, AR 72916-6024 479.308.2300 carmelita.robertson@acheedu.org

Please also see the link below from the CDC on prevention and control measures to be aware of.

https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Finfection-control.html

Response to COVID-19 Letter to OMS-III, Pine Bluff March 11, 2020 Page 2

Sincerely,

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President

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